



FIGURING YOUR DISABILITY NEEDS

Your ability to earn a living is your most valuable long-term asset. However, according to the Social Security Administration, just over one in four of today's 20 year-olds will become disabled before reaching retirement age. Disability insurance can help support your family's needs if you can no longer work because of injury or illness. Use this worksheet to help compare your options when considering a long-term disability insurance policy.

How Much Long-Term Disability Do You Need?

This will help you start to determine how much income your family needs to sustain a standard of living. This is not a comprehensive list. For assistance determining your level of disability insurance need, talk with a licensed insurance agent or insurance company.

Monthly Income

Income from group disability insurance	\$ _____
Income from individual disability insurance	\$ _____
Income from spouse/ other family members	\$ _____
Investment Income	\$ _____
TOTAL MONTHLY INCOME	\$ _____

Monthly Expenses

Mortgage/Rent	\$ _____
Car Payment/Insurance	\$ _____
Utilities	\$ _____
Food/Clothing	\$ _____
Child Care	\$ _____
Bank Loan/Credit Cards	\$ _____
Medical Expenses	\$ _____
Insurance (Auto, Home, Health, Life, etc.)	\$ _____
Savings, Investments, Retirement	\$ _____
Maintenance costs	\$ _____
Other	\$ _____
TOTAL MONTHLY EXPENSES	\$ _____

MONTHLY INCOME - MONTHLY EXPENSES	\$ _____
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Answer these questions when comparing long-term disability insurance quotes:

Definition of Disability – How is disability defined? Do you have to be unable to do your job or unable to do any job?

Extent of Disability – Will you have to be fully disabled or will the policy pay a partial benefit if you are unable to do parts of your job?

Disabilities Covered – Which accidents or illnesses are considered disabilities? Are there any excluded disabilities?

Residual Benefit(s) – Will the policy fill in a gap in insurance if you are partially disabled and only lose part of your current income?

Amount of Benefits – How much of your pre-disability income will you receive? Is it affected by other benefits?

Waiting Period – How long will you wait for benefit payments to begin?

Length of Coverage – How long will you receive benefits?

Inflation Protection – Does the policy have a cost-of-living adjustment (COLA)? Can you increase the benefit payment if your income increases?

Waiver of Premium – Will your premium payments be waived when you collect benefits?

Renewability – How does the policy renew? Is it automatic or can the company cancel the policy prior to your renewal?

Tax Considerations – Will you be responsible for paying taxes on your benefits?